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UD students and volunteer healthcare professionals participated in a medical, dental and public health brigade in Nicaragua over the winter break.



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Premedical Programs Scholarships



Sophomores and juniors with career plans to attend health professional school are eligible to apply for scholarships administered through the Premedical Programs office. To qualify, you must be active within premedical programs sponsored programs, registered with the Premedical Programs Office, and currently advised by a designated premedical advisor. Visit premed.udayton.edu for further eligibility details and to fill-out and submit your on-line application. Only complete applications will be considered for awards, so please fill out all parts of the application, including the financial information. On-line applications will open January 29th and completed applications, including recommendations from faculty members are due by March 7th. Awardees will receive scholarships for the following academic year, 2018-19.

Gap Year Spotlight

Alvin Boyd Newman-Caro graduated with Bachelor of Science in Premedicine in the spring of 2017. While at UD, Boyd demonstrated a sustained commitment to helping underserved populations and was awarded the Scherger Leadership in Medicine Award, which is presented annually to a graduating premedical student who has demonstrated leadership in improving public health.

During his last semester at UD, Boyd applied for and was accepted into the Church Health Scholars program, a year-long service-learning fellowship. Church scholars support the mission of Church Health which is to "reclaim the Church's biblical commitment to care for our bodies and our spirits."

Boyd currently works in the Child Life Education and Movement Department at Church Health. Boyd said, "my role is to partner with families and their children to embrace healthier lives through education, recreation, and motivation. It has been a special experience helping children set goals to eat better and get moving through our health coaching program. I also play a role at Perea Preschool where I aid children from underserved neighborhoods learn the necessary academic and social skills for success in schools."

Reflecting on his gap year experience, Boyd shared, "my experience at Church Health Center has gifted me with a better insight on how to properly serve people medically. I have also learned how to interact and effectively communicate with patients and my co-workers in a professional healthcare setting. I understand the complexities involved in providing healthcare to the uninsured and am now a more informed and empathetic advocate for patients...The experience and mentorship Church Health gifts me with is absolutely priceless."

Boyd will begin his osteopathic medical school training this coming fall at the University of Incarnate Word School of Medicine.

"IT HAS BEEN A BLESSING TO BEGIN WORKING IN A HEALTHCARE SETTING BEFORE I TRANSITION INTO MEDICAL SCHOOL."

--ALVIN BOYD NEWMAN-CARO



Alvin Boyd Newman-Caro pictured above (right) with Dr. Scherger (left) while receiving the Scherger Leadership in Medicine Award.

We are excited for the start of a new year and happy to welcome back Dr. Scheltens, volunteer health professionals, and the UD students who traveled to Nicaragua for the 2018 winter medical/dental and public health brigade.

If you are interested in an international healthcare experience, the Bolivia Immersion Pilot program is accepting applications through February 1st. See details on page 2.

Opportunities highlighted this month are Miami Valley Hospital South operating room shadowing, summer programs (some have February 1st deadlines for application), and the Church Health Scholars program.

Plan on saving the date for the UD & MVH Healthcare symposium to be held April 14th at the John F. Kennedy Union.

Maddie De Beer
Assistant Director,
Premedical Programs Office

Summer Health Professionals Education Program (SHPEP)

SHPEP provides students interested in healthcare careers academic enhancement and professional development opportunities. Free six-week summer programs are available to students who meet specific criteria such as being a first year or sophomore at the time of application, a minimum 2.5 GPA and a US citizen, permanent resident or DACA status who identifies with an underrepresented group in the health sciences. More information is available at www.shpep.org. *Applications currently open and are due February 1st.*

Church Health Scholars Program

This is a one year fellowship opportunity for recent college graduates, combining academic and faith-based opportunities with working in either a medical or dental clinic for underserved populations in Memphis, TN. This is a 12 month commitment beginning in June. *Applications are currently open and close in February.* Two letters of recommendation that are submitted separately on your behalf are required as part of your application. Please visit <https://churchhealth.org/apply-become-scholar/> for additional details and application submission timeline.

SURF program at Ohio U Heritage College of Osteopathic Medicine (OUHCOM)

Summer Undergraduate Research Fellowship (SURF) programs are offered each summer at many medical/graduate schools such as the Ohio University Heritage College of Osteopathic Medicine. SURF 2018 at OUHCOM is a summer research experience from June 24 to August 3, 2018. SURF participants gain research experience by working in a faculty mentor's laboratory. SURF participants are provided room and board, a stipend, and up to \$ 350 travel reimbursement. Students also earn 6 tuition-free credits in biology. In addition, SURF participants who meet minimum requirements for medical school admission to OUHCOM, including MCAT scores, will be offered an interview during the summer for admission into medical school in 2019. Students about to begin their senior year are preferred, but competitive juniors and recent graduates will also be considered. Apply on-line at: <https://www.ohio.edu/medicine/education/pre-med-education/summer-programs/surf.cfm>. *Applications are due February 4th.*

Semester of Service applications

The semester of service provides UD students with the opportunity to take a semester away from full-time study and instead provide 450 hours of direct service in the Dayton community. While participating in the semester of service, students will not be attending classes except for the weekly mini-course (3 credits) which accompanies the service experience. Summer program participants also have a community living requirement. The program is administered through the Fitz Center for Leadership in Community. More information can be found at: <https://udayton.edu/artssciences/ctr/fitz/student-servant-leadership/sos/index.php>. *Summer and Fall semester applications are due Feb. 15th.* To apply, please refer to the Fitz Center's OrgSync page. Please direct any questions about semester of service to semesterofservice@udayton.edu or call 937-229-4699.

Miami Valley Hospital Observations

Spring opportunities will be available for Juniors and Seniors in the application process to shadow healthcare teams in different departments at Miami Valley Hospital and in the Operating Room at Miami Valley Hospital South. OR shadowing will be on Tuesday mornings from 6:45 am to 10:30 am and also requires a separate mandatory orientation at Miami Valley South.

More details and required paperwork can be found at the Opportunities and Activities link on the premed.udayton.edu web page (click on Hospital Observation to access information and documents).

Please submit your current immunization records, proof of current flu shot, and results of a recent TB screening (either two-step TB skin prick or T-spot blood test) along with your job shadow application to the Premed Office prior to signing up for the shadow opportunities.

Contact Dr. De Beer at mdebeer1@udayton.edu if you have questions about paperwork.

Premier Health PA job shadowing is jointly coordinated with Pre-PA club and AED. The PA job shadow schedule should be available by early February.

Bolivia Summer Immersion

"Doing More with Less: Healthcare Delivery in Tarija, Bolivia"-a medical immersion program sponsored by UD Premedical Programs in conjunction with Children and Family Health International (CFHI) will be offered for the first time in May 2018, with anticipated travel dates of May 7-20, 2018. This pilot program is open to 25 students. The application is currently open and can be found on-line at <http://studioabroad.udayton.edu/>.

Applications will be accepted until Feb. 1st as space permits.

For this year's program, students are asked to register for the REL 367 section taught by Dr. Nancy Romer. However, students who have already completed REL 367 or are unable to take the course in the spring are STILL eligible to participate in the program. The program also requires beginner level Spanish competency. Students will be required to take SPN 101, SPN 131, or SPN 141 in Spring 2018 or demonstrate beginner level competency through a placement exam offered by the UD Languages Department.

UD EMS Ride Along

Want the opportunity to experience UD EMS before applying? First years and sophomores can sign up for **ONE** ride along spot. After signing up, you will receive a confirmation email with more instructions about your observation shift.

If you do not receive a confirmation e-mail within 3 days, contact acp.udems@gmail.com.

Shift times are:

--Sun/M/T/W/R 10 pm to 9 am following day

--Fri/Sat 6 pm to 12 pm following day

--Sun. 12 pm to 5 pm

--Sun. 5 pm to 10 pm

Sign up at: <http://www.signupgenius.com/go/4090b4aada62fa4ff2-udemsride>



UD EMS CPR and First Aid Classes

UD EMS is offering CPR and First Aid classes throughout this Spring semester. The class dates and times are now posted on the UDEMS website. The link to the webpage is <https://udayton.edu/publicsafety/ems/squad/cpr.php>. The classes are \$20 and are run through American Safety and Health Institute. Please email cpr.udems@gmail.com for any further questions or private class requests.



UD & MVH Healthcare Symposium

The 2017 University of Dayton and Miami Valley Hospital Healthcare Symposium will be held Saturday, April 14th in John F. Kennedy Union (KU). The symposium will feature a morning session, including student poster presentations, which is open to students as well as health professionals and community members, a luncheon for students and professional attendees, and an afternoon student symposium geared specifically towards undergraduates interested in healthcare careers.

Find updated info by copying and pasting the following in your web browser: go.udayton.edu/udmvhsymposium.

The student poster session will feature work from UD premed and premed undergraduate students currently enrolled in the MED 480 course and completing their capstone requirement. Students currently enrolled in MED 480 should submit a final poster proposal via their Isidore course site by Feb. 23rd.

Poster session participants also need to register for the symposium. Student registration is free and will be available on-line mid-February.



Graduate School Exam Prep Courses

• **ALTIUS TEST PREP** In-person classes begin 1/22. On-line peer mentoring is still available. Contact Elizabeth Wareham at elizabeth-gracew@gmail.com or (937) 239-5676 for more information or visit altiusprep.com.

• **KAPLAN** offers a number of events to help you prepare for graduate school entrance exams. Some student organizations have partnerships with Kaplan which would allow a 10 % discount to members. To find courses offered close to UD or on-campus go to www.kaptest.com. Select your exam and enter 45469 as the zip code. Also find information about additional events such as practice tests at kaptest.com.

The price for in-person MCAT Courses that will be held on campus is \$2499. Several courses are planned for the spring with varying start dates in January, February, and May. The courses planned for January and February start dates are:

1/21 to 3/7 – Sun. 2 to 5 pm, W 6 to 9 pm
2/8 to 3/29 – T/R 6 to 9 pm
2/12 to 4/2 – M/W 6 to 9 pm

The price for in-person DAT courses that will be held on campus is \$1499. DAT course is planned for the following dates:

1/17 to 4/11 – W 6 to 9 pm

Contact Lauren at hoodyl1@udayton.edu with questions and for information on GRE and other graduate school exam prep.



Spring Application Workshops

Applying to health professional school this coming year? Attend a workshop about the application process, including how to get your letters of evaluation. Two sessions will be offered, covering the same material. Sessions held in SC 114. Attend only one:

- 1/23 from 6 to 7 pm
- 1/24 from 5 to 6 pm

Letters of Evaluation

Students applying to medical and dental school in this application cycle must complete their on-line forms by **March 9th** and turn in the signed evaluator and advisor forms by **March 16th** to the Premed office. All students who wish to use a composite letter and summary evaluation packet must comply with these deadlines or expect a delay in the composite letter process.



Calendar Highlights



January:

Jan. 16 - Classes begin at 8 am

Jan. 22 - on-line registration for Stander Symposium available through Porches

Jan. 23 - Professional School Application Process Workshop, SC 114, 6-7 pm

February:

Feb. 1 - Application deadline for Bolivia Healthcare Immersion experience

Feb. 4 - OUHCOM SURF application deadline

Feb. 5 - Last day to drop without record

Jan. 24 - Professional School Application Process Workshop, SC 114, 5-6 pm

Jan. 29 - Everhard, Michaelis, and Szabo scholarship applications available on-line

Feb. 15 - Summer and Fall Semester of Service applications deadline

Feb. 23 - Final poster proposals for UD & MVH Healthcare Symposium due

Feb. 28 - Spring break begins after last class

**-SAVE THE DATE -
APRIL 14, 2018**

**UD & MVH HEALTHCARE
SYMPOSIUM
HELD AT UD KENNEDY UNION**



Congratulations to the following students on their admission to health professional schools!

- Allison Bailey (DEN) Case Western Reserve U SDM, Midwestern U CDM
- Taylor Balk (BIO) Rosalind Franklin U of Medicine and Science, U of Illinois COM, Wright State U Boonshoft SOM
- Oscar Barnes-Valdejuely (MED) Ponce SOM
- Leah Bullock (BIO) Indiana U SOD, Midwestern U CDM, U of Detroit-Mercy SOD, U of Louisville SOD
- Collin Bryant (DEN) Marquette U SOD, U of Kentucky COD, U of Louisville SOD, U of Tennessee COD
- Mark Bugada (EEP) Ohio U Heritage COM, Marian U COM
- Julia Carroccio (PSY) Ohio U Heritage COM
- Julie Cowan (MED) Marian U COM
- Sarah Feldkamp (MED) U of Cincinnati SOM, U of Kentucky COM, U of Louisville SOM
- Anthony Flowers (Pre-PT) U of Cincinnati SOM
- Haley Glaser (MED) Edward Via COM-Carolinas
- Tanner Graves (MED) Wright State U Boonshoft SOM
- Kathryn Grenfell (BIO) Chatham U PA program, Kettering College PA program, Marietta College PA program, U of Findlay PA program
- Lauren Gresham (BIO) U of Missouri-Kansas City SOM
- Katherine Gross (MED) Ohio U Heritage COM
- Julianne Haney (MED) Ohio State U COM, U of Cincinnati SOM, U of Toledo SOM, Wright State U Boonshoft SOM
- Nathan Helfferich (DEN) Case Western Reserve U SDM, Indiana U SOD, Marquette U SOD, Ohio State COD, U of Detroit-Mercy SOD, U of Kentucky SOD, U of Louisville SOD, U of Michigan SOD
- Laura Hubacek (DEN) Marquette U SOD
- Marissa Jama (BIO) Midwestern U Chicago COM
- Sarah Kane (MED) Case Western Reserve PA program, U Dayton PA program
- Thomas Lawler (MED) U of Kentucky COM, U of Louisville SOM, U of Toledo SOM
- Caroline Lynch (MED) U of Cincinnati SOM
- Joe Mauch (MED) Case Western Reserve U SOM, Ohio State U COM, U of Cincinnati SOM, Wright State U Boonshoft SOM
- Riley Mckweon (EEP) U Dayton PA program
- CJ Moellering (BCM) U of Kentucky COM, U of Louisville SOM
- Alvin Newman-Caro (MED) Lincoln Memorial U-DeBusk COM, U of Incarnate Word SOM
- Connor Owen (DEN) U of Detroit-Mercy SOD
- Spencer Owen (DEN) U of Detroit-Mercy SOD
- Ada Pariser (MED) Michigan State U CHM, Oakland U SOM, U of Kentucky COM, U of Louisville SOM, U of Pikeville KYCOM
- Lydia Payton (MED) Ohio State U COM, St. Louis U SOM, U of Cincinnati SOM, U of Kentucky COM, U of Louisville SOM
- Kristine Perez (DEN) Case Western Reserve U SDM, Marquette U SOD, Ohio State U COD, U of Louisville SOD, U of Michigan SOD, U of Pittsburgh SDM
- Julia Ripepi (EEP) Mercyhurst PA program, Ohio Dominican PA program
- Katie Rizzo (EEP) U of Pikeville KYCOM
- Logan Roebke (MED) U of Toledo SOM, Wright State U Boonshoft SOM
- Jennifer Scheffler (BIO) Kettering PA program
- Ben Schmeusser (MED) Wright State U Boonshoft SOM
- Olivia Shaw (EEP) U Dayton PA program
- Katie Simpson (BCM) U Dayton PA program
- Rachel Singer (DEN) Case Western Reserve U SDM, Creighton U SOD, Ohio State U COD, U of Louisville SOD
- Marisa Spoltman (MED) Kettering PA program

Please share the exciting news of your acceptances so we can keep an accurate and current list. Thanks!